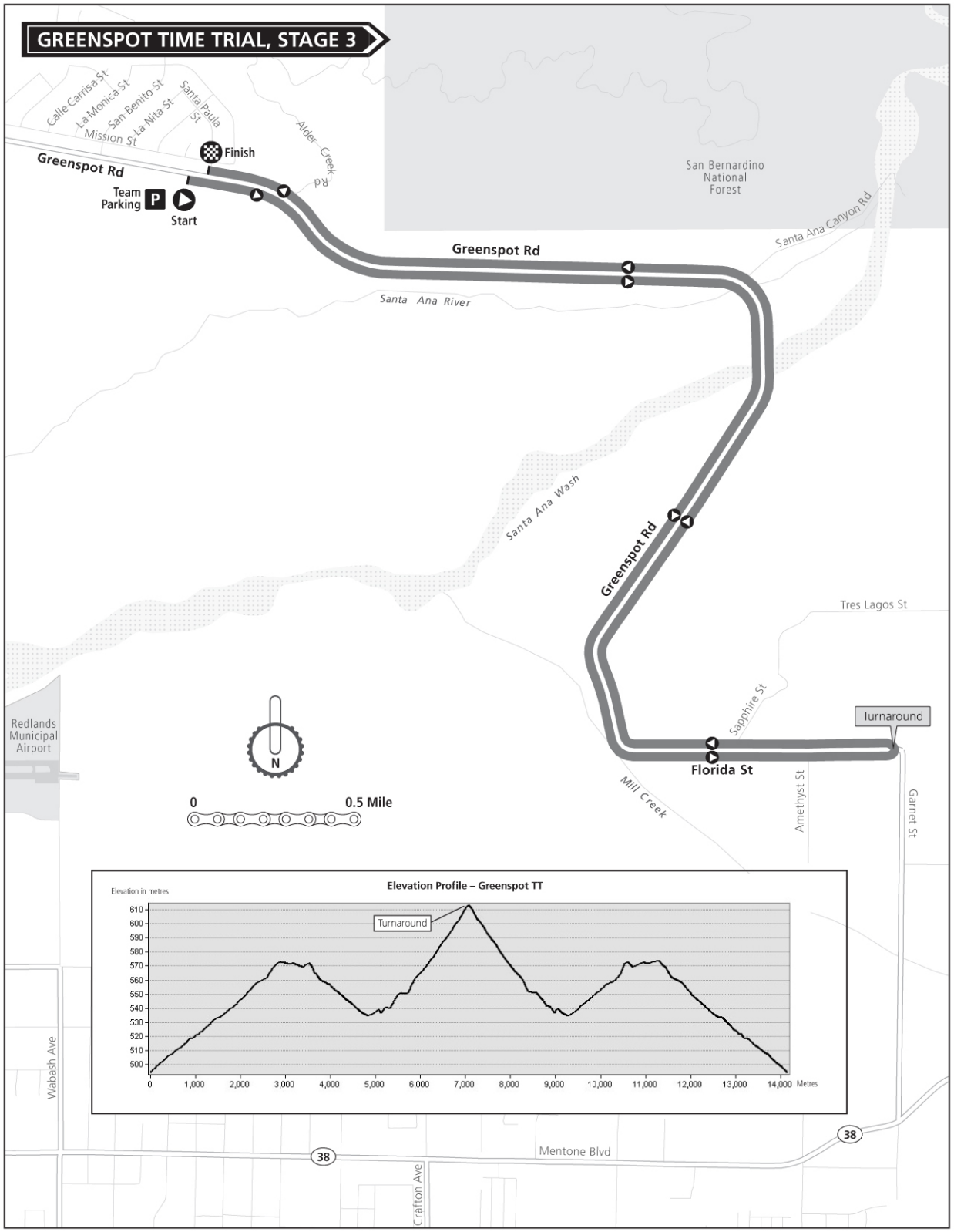
STAGE 3

GREENSPOT INDIVIDUAL TIME TRIAL

FRIDAY, APRIL 8

DISTANCE	Men and Women: 7.1 Miles Para-cycle: 5.3 miles
COURSE/EVENT DESCRIPTION	An out and back course on Greenspot Road and Florida Avenue. Starting on an incline and with mostly climbing to the turnaround at the top of Florida Avenue. The Start and Finish lines are east of Calle del Rio Street.
AWARDS CEREMONY	There will be an Awards Ceremony for the first three finishers in this Stage and for the G.C. Leader, the Sprint Leader, and the Best Amateur Leader. The Podium and awards tent will be located near the Start/Finish. The awards will take place immediately following the conclusion of the Stage.
DIRECTIONS TO START	The Start is east of Calle del Rio Street on Greenspot Road. From downtown Redlands, go north on Orange Street approximately 3.5 miles, then right on Greenspot Road for 2.5 miles. Follow the directions to parking below.
PARKING	Parking will be along Greenspot Road just west of the Start/Finish.
START LOCATION	The Start is east of Calle del Rio Street on Greenspot Road.
START TIME	Para-cycle at 10:30 am, Women at 11:30 am, Men at 1:00 pm
START ORDER	The Start Order will be the reverse of the GC order after Stage 1.
TIME INTERVALS	30 second gap between each rider. Times may be adjusted if conditions warrant.
TURNAROUND	At the halfway mark, at the intersection of Florida Avenue and Garnet Street (Greenspot and Florida for Para-cycles)
RETURN	The return follows the same route as the first half of the TT.
FINISH LOCATION	Same as the start.
VIEWING LOCATIONS	The Start / Finish line on Greenspot Road. See the racers up close on their individual starts. Watch the Para-cycles turn-around at Greenspot and Florida. The climb on Florida Avenue. Watch riders push through the pain for a top time and then zoom past on the fast downhill!

The turnaround at Florida and Garnet. See riders go from grinding the climb to accelerating downhill!